

## Seeing is Believing

**Your first read behind from the ball is always correct. Trust it.**

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Golf For Women

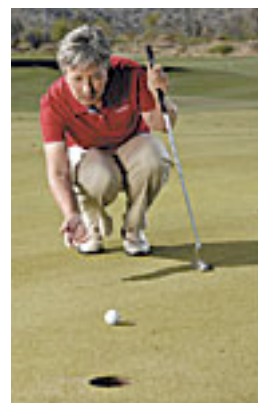


Take your practice strokes from behind the ball, eyes horizontal to the hole. How many times have you read the break of a putt behind a ball, only to change your aim when you stand over it? What happens next? Unfortunately, you discover that your initial read was spot-on, and you miss the putt.

Avoid this mistake by remaining committed to your initial read from behind the ball. This is where you'll get the truest sense for the putt's line, break and speed, because your shoulders are square to the hole and your eyes are on a horizontal plane. Practice rolling the ball. It is how you normally view things, not from the

sideways vantage point you have when you're hunched over the side of the ball.

To eliminate any second-guessing, follow this pre-putt routine: Stand several feet behind the ball and choose your line. Next, take several practice strokes with your body perpendicular to the putt's starting line, looking at the hole so you're connecting with the target. Imagine you're rolling a ball toward the hole from this point (see photo above right):



How much stroke (arm swing) will you need to get the ball to the hole? Walk up to the ball, aim your putterface at the target and assume your stance. Take one last look at the hole and stroke the putt. Remember: Trust your initial read and swing without hesitation.

**NO** — Standing over the ball to read a putt gives you a skewed view of the line.